



2024-2025 Welcome Packet

Welcome to Omaha!

From the House Officers Association Alliance
for UNMC and Creighton Medical Students, Residents, Fellows,
Attendings, and their Families.

Our group, HOAA, is meant to serve the spouses and significant others of the medical students, residents, fellows, and attendings. We share our welcome packet with you every year and hope that it will serve you well as you transition into UNMC or Creighton.

If you have a spouse or significant other who is looking for a local group to join with other partners of medical professionals in training and beyond, look no further! Have them reach out to us at omahahoaa@gmail.com to get connected or find us on Facebook under HOAA - Omaha Medical Resident and Fellow Spouse Group.

Enjoy and Welcome to Omaha!

Dear Provider and Family,

Welcome to Omaha! We hope that this information packet will help you in your transition to medical school, residency, fellowship, or attending roles, particularly, if you are new to the area.

Included in this welcome packet is information about our group. We are formally known as the House Officers' Association Alliance (HOAA). Our group exists to provide support and friendship to the spouses and families of UNMC and Creighton medical students, residents, fellows, and attendings. We understand that being a partner of a medical provider can be challenging, but with a good support network, it can also be very rewarding. We are here to help make this a time to enjoy and flourish, rather than merely survive.

HOAA sponsors several events and special interest groups for the partners, spouses, and children of house officers throughout the year. These include a monthly event, and children's playgroup events twice a month. We volunteer to serve one another when needs arise by providing meals and support. These events and opportunities are advertised on our website calendar, www.omahahoaa.com, and via our Facebook group, **HOAA - Omaha Medical Resident and Fellow Spouse Group**. We also send our emails to our members regarding upcoming events. Included in this packet are calendars of our monthly events and children's playgroup events. We invite you to let us be your family away from family, your friends in a new place, and your support system. We all understand what you are going through and are here for mutual support.

We hope that you will take advantage of all that HOAA has to offer. Included in this folder is a membership application for our 2023-2024 year. Please note that this is an organization for *spouses and significant others* of the residents, medical students, fellows, and attendings, and not the residents, medical students, fellows or residents themselves.

Please don't hesitate to contact me with any questions about our organization, life in Omaha, or any other questions you may have. I wish you the best in your upcoming years and I look forward to meeting you!

Sincerely,

Stacey Koller

HOAA President 2024-25

Spouse of Matthew Koller, UNMC/Creighton Pediatric Resident

omahahoaa@gmail.com

2023-2024 Calendar of Events

2023-2024 MEMBER EVENTS	
July	Opening Social at Elmwood Park
August	Omaha's Henry Doorly Zoo
September	Creighton Men's Soccer Game
October	Fontenelle Forest
November	Blackstone Food & Beverage Tasting Tour
December	Holiday Event
January	Kiewit Luminarium
February	Trivia Night at Rathskeller Bier Haus
March	DIY night @ Dundee Candle Co.
April	Spring Party
May	JUNKSTOCK @ Sycamore Farms

2023-2024 PLAYGROUP EVENTS	
<i>July</i>	Splash Pad *** Casual Meet Up
<i>August</i>	Bellevue Berry Farm Casual Meet Up
<i>September</i>	Apple Orchard *** Casual Meet Up
<i>October</i>	Vala's Pumpkin Patch UNMC Halloween Party *
<i>November</i>	Air and Space Museum Casual Meet Up
<i>December</i>	Trampoline Park Casual Meet Up
<i>January</i>	Omaha Children's Museum Casual Meet Up
<i>February</i>	Valentine's Party * Indoor Kids Gym
<i>March</i>	Fire Station Tour Casual Meet Up
<i>April</i>	Elmwood Park Casual Meet Up
<i>May</i>	Closing Social Seymour Smith Park Casual Meet Up

* Lunch Provided /*** Snacks will be provided

Dates/ times subject to change based on weather or venue availability. You will receive calendar updates on our HOAA Facebook Page and via email. Please email omahahoaa@gmail.com with questions.

Dues & Membership

***You, the spouse, are the member. The membership allows you access to all of our member events. If you have children and would like to attend playgroup events, please select the 'member + playgroup' pricing.*

Medical Student Spouses:

\$25/year for member

\$30/year for member + playgroup

Residents and Fellow Spouses:

\$40/year for member

\$50/year for member + playgroup

Attending Spouses:

\$90/year for member

\$100/year for member + playgroup

You can pay the dues online via PayPal: [paypal.me/hoaa](https://www.paypal.com/hoaa) (please select family and friends option) or mail a check to HOAA at 5672 S. 122nd St. Omaha, NE, 68137.

If for whatever reason you aren't able to pay dues this year, please reach out to us via email/Facebook and we will work something out. We are serious about supporting you!

New Members, please sign up here! <https://www.omahahoaa.com/membership>

In addition, if any of your personal information has changed, or your spouse went from residency to fellowship, or fellowship to attending, please fill out a new membership form for the 23/24 year.

HOAA Welcome Packet Sponsors for 2023-2024

*Their support of our group allows us to host our monthly events and playgroup meet-ups throughout the year.
Thank you to our generous sponsors!*

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shellie.nelson@bhhsamb.com

*

Tim Redder

Old Omaha Vintage Real Estate Team

402-612-3833

timreeder@betteromaha.com

Member Recommendations

Auto Care

- **Midtown Auto Service:** 3322 Leavenworth – (402) 342-6220 – treats everyone with respect!
- **Don's Radiator:** 125 E. 1st Papillion– (402) 331-0897 – General auto care, not just radiators – most honest shop I've worked with!
- **Atchley Ford:** 3633 North 72nd St., Omaha - (402) 574-2600
- **Charlie Graham Body & Service:** 4206 Leavenworth - (402) 551-6000 - Near UNMC- so convenient for car pickup. They have a courtesy shuttle and are always wonderful.
- **Gregg Young Chevy:** 17750 Burt Street - (402) 572-8080. Awesome customer service. Free loaner when your car is in the shop. Great service, providing regular updates.
- **Jensen Tire and Auto:** 8200 Park View Blvd, La Vista, NE
- **Exclusive Repair: Honda and Acura Auto Repair:** 4420 Leavenworth – (402) 551-3015 excellent work if you happen to own either type of car.
- **Marion Tire:** 5028 NW Radial Highway -(402) 553-9393. They do an AMAZING job fixing a flat or will give you honest, low prices on new tires. The only downfall-they don't set appointments, but typically have a short wait.
- **Midwest Tire:** 13th and Pacific -(402) 342-2248. They've been family owned since 1944. I went for new tires on the van with the kids and they were the nicest guys! It was a busy day so we were there for a while-but they turned on PBS for my kids.
- **Yeck's Auto Repair:** 203 Fort Crook Road, North Bellevue - (402) 293-1200. Excellent customer care and fair prices.
- **Omaha Car Care on Center and 58th:** They are very honest and knowledgeable 402-556-6708
- **Excellence in Auto-Repair:** 8401 Blondo - (402) 399-0934. Great family run company that has helped us out in so many ways.
- **Kings Fast Oil Change:** 8506 Maple - (531) 772-0895. They give a 10% discount to healthcare workers and have snacks for the kids!

Beauty and Spa Services

- **Cookie Cutters Hair Salon:** 7302 Giles Rd. (La Vista) (531) 229-8696 Fantastic place for children's hair cuts.
- **Hip Hip Hair-ay:** 10812 Prairie Hills Dr. (402) 991-6500. Great children's hair salon. Ask for Erica or Claudia.
- **Oliver & Tate:** 3852 Farnam St. (531) 222-8939. I had a great experience with a cut and style and it has a great atmosphere.
- **Creative Hair Design:** 12025 Pacific. Specifically, Janae Henry (402) 330-5660.

- **Sharkey's:** 17940 Welch Plaza - (402) 315-9014. A little more expensive, but the kids get to sit in a car and get a lollipop, balloon, and nail polish. Little extras to help them stay still!
- **Faces Spa:** 8715 Countryside Plz, Omaha - (402) 384-8400. They have a great maternity massage.
- **Garbo's Salon:** 120 Regency Pkwy #176, Omaha - (402) 391-2333 www.garbossalons.com
- **Mint Salon Studio:** 20324 Veteran's Dr. (Elkhorn) - (531) 233-1220
- **Mod Studio:** 6307 Center- (402) 320-2420 (Private beauty salon) Ask for Nicole Bouwens
- **Novel Hair Salon and Spa:** 84th and Center area - (402) 399-9100 www.novelhairsalon.com
- **Blue Door Salon and Spa:** 3152 Leavenworth St. (402) 551-4408 Near UNMC!
- **The Hair Place:** 1716 Charleston Dr. Unit B (Papillion) – (402) 592-0026 Has early and late appointments to accommodate our busy schedules.
- **Oasis Massage & Spa:** 689 N. 132nd St, Omaha, NE 68154 – (402) 964-2267
- **Dark Horse Salon:** 807 N. 50th (402) 344-4336. I go for everything-hair, nails, even kids cuts. Aveda salon.

Childcare/Preschool

- **Montessori Co-Op School:** Great for preschool and has summer camps for older kids.
- **Morning Star Preschool:** Located near the children's hospital. Need to get on the waiting list early.
- **Gingerbread House Preschool:** It came highly recommended to me and we are excited to start this fall.
- **Elkhorn Hills Methodist Preschool:** located near 204th and Dodge. Enroll/waitlist in early springtime.
- **Westgate Elementary:** Has options for full part, or morning-only. We have loved it.
- **Family Ties Child Enrichment Center:** Full day, faith and play based daycare from 6 weeks through 5 years. Wonderful school!
- **La Petite Academy:** Full service daycare and preschool. Can transport elementary age children. Several locations throughout Omaha and Papillion. Live stream parent app.
- **Omaha Christian Academy:** Preschool and continues through 12th grade.
- **The Curious Child Montessori Preschool.** Two locations.
- **HappyFace:** Preschool in Westside Church. We have loved our experience.
- **The Hills Montessori.** Infant-preschool age care.
- **Kindernook Preschool at Countryside Community Church:** They have preschool and also a 2's program. Phenomenal! Best Teachers!
- **YMCA:** (check website, not all branches have preschools). They do tuition based on income.
- **Beautiful Savior Preschool:** located in La Vista. Infant-Preschool.
- **Little Lights Preschool:** At Trinity Church in Papillion at 370 & 96th.

- **The Wonder Place:** at Dundee Presbyterian Church. Preschool only. Options for MWF, TTh, or full week preschool.
- **Legacy School:** Private school for pre-K through 5th grade. Great summer and winter break camps with an emphasis on STEM.
- **St. Andrew's Beginnings Preschool:** In NW Omaha at 150th and West Maple. Ages 18 months through age 5. Does Mother's Day Out.
- **St. Pius:** on Blondo begins with preschool and enrolls children up through 8th grade.
- **UNMC's Child Development Center:** Located on UNMC's campus on the backside of the administration building at 40th & Dewey. www.unmc.edu/unmccildcare NOTE: Currently not accepting any other student on waitlist.
- **Heart & Minds Early Childhood Program:** Great for daycare/ mom's day out
- **Amazing Days Childcare Center:** Day care
- **Alleluia Preschool:** Small classes, located at 180th and Dodge.

Churches

- **Archomaha.com:** a listing of the Catholic Churches in the Omaha Archdiocese with links to individual church websites for mass times and bulletins.
- **Beautiful Savior Lutheran Church:** 7706 S 96th Street, La Vista - www.bsllcomaha.org - (402) 331-7376
- **Christ Community Church:** Campuses in Bellevue and Omaha. Making disciples of Jesus for Kingdom impact. (402) 330-3360 - cccomaha.org
- **Church of Jesus Christ of Latter-Day Saints:** Find locations on their website, www.churchofjesuschrist.org
- **Coram Deo Church:** 8787 Pacific St, Omaha - (402) 505-4111
- **Dundee Presbyterian Church:** 5312 Underwood Ave, Omaha, NE, 68132.
- **Finding Life Church:** "We're finding what's worth living for . . . intimacy with the King and passion for His Kingdom." Very involved children and student ministries as well as small groups throughout the week for adults. 8989 Park Dr, Ralston, NE 68127
www.findinglifechurch.com
- **Heritage Church of the Nazarene:** 6909 Cornhusker Rd., Papillion - (402) 331-8900
www.heritagehillchurch.com
- **St. Mary's Catholic Church:** They have lots of active ministries including perpetual adoration. 2302 Crawford St., Bellevue - (402) 291-1350 - www.stmarysbellevue.com
- **St. Patrick's Catholic Church:** in Elkhorn- very involved parish! Lots of ongoing activities for children and families! (402) 289-4289
- **St. Margaret Mary Catholic Church:** 6116 Dodge St, Omaha, NE. 402-558-2255.

Dining

American

- **Dinker's:** Dinker's is so serious about serving the city's best burgers, the little dive boasts an entire flat top grill devoted to crisping buns. The local favorite is the haystack burger, topped with ham, cheese, and a fried egg, paired with a domestic beer in a frosty bottle. Bring cash.
- **UNMC Friday macaroni and cheese bar** for \$5.99 at the UNMC cafeteria. Huge portions and great if you want to meet your spouse for lunch and have your kids. Fridays only 11a-2pm.
- **Goldberg's:** Great family restaurant in Dundee. Excellent burgers and other homestyle comfort food like bread pudding. 5008 Dodge St, Omaha, NE 68132
- **Harold's Koffee House:** Old school diner located in Florence. Been family run for over 50+ years. Amazing donuts, homemade rolls and pies and comfort food. 8327 N 30th St, Omaha, NE 68112, (402) 451-9776
- **Au Courant** - Elevated and thoughtful menu (yet somewhat casual) that currently only serves a 6 course pre-fixe rotating menu that is always local, seasonal and creative. They sometimes offer family style take out for holidays and special occasions. Also has a great wine and cocktail list! Pre-fixe menu is \$75/pp.
- **Mark's Bistro:** homey upscale American bistro with beautiful patio in the summer and jazz bar/cafe downstairs. 4916 Underwood Ave, Omaha, NE 68132, (402) 502-2203
- **Mouth of The South:** Barbecue, steak, seafood, po boys, burgers, gumbo, soups, salads, bar drinks, patio seating & more for everyone in the family to enjoy! 2 locations.
- **Twisted Fork Grill & Saloon:** 1014 Howard Street Omaha – in the Old Market
- **V. Mertz:** In the Old Market. The best for anniversaries – romantic ambiance! Entrees are \$30. 1022 Howard St, Omaha, NE 68102 (402) 345-8980
- **Modern Love:** Chef and cookbook author Isa Chandra Moskowitz's vegan comfort food includes staples like mac and shews (made with cashew cheese) and decadent desserts, which have become citywide favorites. Located in midtown.

Bakery

- **International Bakery:** Latin bakery with several locations.
- **Jones Bros Cupcakes:** Close to Aksarben Park and a great treat. Delicious hot chocolate too. They were on Food Network's Cupcake Wars! 2121 S. 67th St., Omaha - (402) 884-2253
- **Le Quartier Baking Company:** 5026 Underwood Ave, Omaha, NE 68132, (402) 933-3595, amazing bakery with the best bread and croissants and homemade soups.
- **Olsen's Bake Shop:** 1708 S 10th St, Omaha, NE 68108. Best donuts in town.
- **Rotella's Bakery:** Factory store-has incredibly inexpensive bread and rolls that is excess of what is distributed to your local grocer. Buy fresh breads for 1/3 of the price. 6949 South 108th Street La Vista - (402) 592-6600

- **Sweet Magnolia's Bake Shop:** Best cinnamon rolls ever. 813 N 40th St, Omaha, NE 68131, (402) 934-6427
- **Sugar Coma Custom Treats:** Specializes in Cakes, Cookies, Cupcakes & more to make your celebration special.
- **Wheatfields:** Huge amounts of good food from breakfast through dinner. Family-friendly. Also good for carry-out bakery items. Our family members like to come here when they visit. One Pacific Place, 1224 S 103rd St, Omaha, NE 68124 and 1224 S 103rd St., Omaha; 7775 Olson Dr. Ste 101, Papillion - (402) 955-1485 - www.wheatfieldscatering.com

Breakfast/Bruch

- **Lisa's Radial Cafe:** excellent breakfast diner frequented by Creighton students and alumni. 817 N 40th St, Omaha, NE 68131, 402-551-2176
- **Bagel Bin:** A west Omaha staple for more than 40 years and the city's only kosher bakery. Serves New York-style bagels using the Brezack family's Polish recipes. The menu also includes bagel sandwiches, a few side dishes, and a rotating soup option, making it a popular spot for both breakfast and lunch.
- **Shirley's Diner:** 13838 R Plaza, fun atmosphere for breakfast and delicious food
- **First Watch:** Multiple locations, delicious food!
- **Good Lookin':** 4919 Underwood Ave. Great brunch! Located in Dundee, fresh seasonal and hip atmosphere.
- **Early Bird:** 'Omaha's best brunch restaurant' serving breakfast, lunch, cocktails, and donuts. Totchos are really good. Located in the Blackstone district.
- **Le Peep:** Voted best breakfast in Omaha many years in a row. Multiple locations in town. Really good bacon! lepeepomaha.com
- **Saddle Creek Breakfast Club:** located in the middle of the charming Dundee neighborhood. Locally sourced ingredients and has a delicious rotating menu. Vegan and carnivore options available. On a nice day, their outside patio is packed, but well worth the wait. Check their facebook page for their hours/specials
- **Summer Kitchen:** 3 locations in the metro area. Our favorite is the LaVista one. www.summerkitchen.net

Brewery

- **Benson Brewery:** 6059 Maple Street Omaha.
- **Blatt Beer & Table:** Modern atmosphere and fresh comfort food. Highly recommend the chicken and waffles! 10000 California St, Omaha - (402) 932-9993
- **Scriptown Brewery:** In Blackstone, walking distance to great food, frequented by lots of young professionals.

- **Upstream Brewery:** located in the Old Market 514 S. 11th Street and West Omaha 17070 Wright Plaza Omaha. Also has a great brunch!
- **Crescent Moon:** Great stop during Oktoberfest, located in the Blackstone district. Will do takeout with beers to go.

Chinese

- **Taipei:** 402-333-1991. 2859 S 168th St
- **Three Happiness:** 5107 Leavenworth St, Omaha, NE 68106. Not much to look at from the outside, but the takeout is incredible.

Coffee shops

- **Archetype:** located at 3926 Farnam St, Omaha, NE 68131
- **Scooters:** Founded in NE! Several locations. They have breakfast bites and smoothies as well.

Deli

- **Just Good Meat:** 4422 S 84th St, Omaha - (402) 339-7474
- **Stoysich House of Sausage:** name says it all! Delicious selection of homemade sausages and hot dogs. 2532 South 24th Street, 68108

Ethiopian

- **Lalibela Ethiopian Restaurant:** Small Ethiopian restaurant. Owner/cook is very nice and helpful. The combo platter is the best deal; it's \$13/14 and will feed 2-3 people. Close to UNMC! 4422 Cass Street, Omaha.

French

- **La Buvette:** Wine Bar and Grocery for imported French wines, cheese and other complementary treats. Excellent outdoor patio and vibe in the Old Market. Great spot to catch up with a friend or to grab a bite between shopping.
- **Le Voltaire:** Serves traditional French dishes along with an extensive wine selection.
- **The Boiler Room:** 1110 Jones St, Omaha, NE 68102. Super fancy delicious French food. Go here to celebrate the end of residency!

Ice Cream Shops

- **Coneflower Creamery:** An Omaha staple. Always a long line but worth the wait. They source ingredients from a local dairy farm and the freshness and quality is spectacular. Voted best ice cream in the US. New location downtown.
- **Dairy Chef:** Delicious Ice Cream and Burgers/Fries 3223 N 204th St, Elkhorn - (402) 289-4414

- **E-Creamery:** Located in Downtown Dundee. Delicious ice cream and gelato with rotating flavors. Discounted on Tuesdays!
- **Graley's Creamery & Confections:** Old-fashioned is the theme here. Go back in time for an unique Victorian experience and get an ice cream flight! At any given time, there are 24 different ice cream flavors at Graley's Creamery and Confections. We create all of them using only fresh and natural ingredients. Located in Papillion.
- **Ted and Wally's:** Their ice cream is made from scratch using all natural ingredients from local producers. Located in the Old Market downtown and the Benson district.

Indian

- **Taste of India:** Small and family owned. The mom seats you, the dad takes your order, and the kids bus tables. It is great Indian food with a quaint atmosphere. Close to UNMC! 3572 Leavenworth St., Omaha - (402) 763-2880
- **Kinaara:** The menu reflects fresh cooking from the southern Indian State of Kerala. Very tasty!

Italian

- **Avoli Osteria:** Amazing Italian food in the heart of Dundee. 5013 Underwood Ave
- **Mio Italiano:** Close to VA and University Hospitals. 3001 S. 32 Ave., (402) 345-5656
- **Sgt. Peffer's:** Super quick and easy Italian food – they have a drive through window for take out orders! They are a local favorite (The grilled chicken salad is delicious!) and now have 2 locations (midtown and Millard). www.sgtpeffers.com
- **Spezia:** Upscale Italian with lots of seafood options. Good happy hour menu.

Japanese

- **Hiro 88:** Japanese Cuisine, three locations
- **Kobe Steakhouse:** In Regency Parkway, upscale. 120 Regency Pkwy # 13, Omaha - (402) 391-1755.
- **Blue:** Downtown hotspot serving delicious sushi! They serve takeout as well.
- **Ika:** Ramen shop located in Benson known for classics like tonkotsu and a verdant Mary Jane ramen served with chicken.
- **Yoshimoto:** Sushi bar that offers fish that is fresh, aged, pickled, smoked, and/or blow torch-seared. Located in Benson.

Latin American

- **Restorante Pupuseria:** go (or carryout) for the pupusa's! Very authentic-but there is usually one English speaker working. Very inexpensive.
- **SalMex:** Tiny Salvadorian spot located in South Omaha off of 24th St. Pupusas for only \$2. Burritos, tacos and other items available for takeout or delivery.

Mexican

- **La Mesa:** A Mexican favorite. Multiple locations. 11002 Emmet St. Ste 112, Omaha; 156th & Q St., Omaha - (402) 496-1101
- **Mula:** Mexican Kitchen and Tequileria – Amazing street style tacos and margaritas! 40th and Farnam, Omaha.
- **Taqueria Tijuana:** Small little taco place in South Omaha. Great authentic tacos and salsa. ONLY TAKES CASH! 5139 S 24th St. Omaha
- **Rusty Taco:** A favorite of ours for takeout.

Mediterranean

- **Amsterdam Falafel and Kebab:** Delicious kebabs and falafel and curry fries! 620 N 50th St, Omaha, NE 68132, open late on weekends. Located in the heart of dundee.
- **El Basha:** Mediterranean staples with careful touches and generous doses of fresh cilantro, parsley, and other bright herbs. Located off of Pacific at 74th St.
- **Legacy Gyros:** Rated 'Best in Omaha' for Gyros many years in a row. Located in Wright Plaza.

Pizza

- **Mama's Pizza:** Delicious and family-friendly! 715 N Saddle Creek Rd., Omaha - (402) 553-9270 - www.mamaspizzaomaha.com
- **Noli's Pizzeria:** 4007 Farnam St, Omaha, NE 68131, 402-359-1802
- **Pitch:** 5021 Underwood Ave Omaha & 17808 Burke St (near 180th and Dodge) – Delicious coal-fired pizza!
- **Pizzeria Davlo:** Authentic Style Chicago Pizza.
- **SPIN! Pizza:** Fresh and authentic neapolitan style pizza. Gluten free and vegan options.
- **Tasty Pizza:** Traditional and unique pizzas in a large 16" or smaller 8" size. Delicious popular neighborhood spot in central Omaha.
- **Pizza West:** Great for picking up after a busy day.

Seafood

- **Shucks Fish House and Oyster Bar:** Near downtown Omaha – 1911 Leavenworth Street Omaha
- **Herbe Sainte:** New Orleans inspired cocktail bar in the heart of Aksarben Village that serves Cajun and Creole fare. Floor to ceiling windows and casual decor creates a very inviting vibe to grab cocktails and a snack with friends. Excellent, high quality cocktails!

Steakhouse

- **Brother Sebastian's Steakhouse-** on 119th and Pacific. On the pricy side, go for a celebration. Not much to look at from the outside but a really cool interior!
- **Fleming's:** Prime Steakhouse and Wine Bar. 140 Regency Pkwy, Omaha - (402) 393-0811. Delicious steak and seafood options.

- **Gorat's:** 4917 Center St, Omaha, NE 68106, old school steak house. Warren Buffett likes it:)
- **The Drover:** An Omaha Favorite, with cowboy vintage charm. Best Steak in Omaha. Also has a great salad bar with cold metal plates.

Thai

- **Salween Thai:** great prices, GREAT Thai food – always packed! Several locations around town, all equivalent quality! Attendings treat the residents with Salween often.
- **Khao Nao Thai-Lao Restaurant:** Family owned Thai-Lao restaurant, with homestyle cooking.

Vietnamese

- **Banh Mi Shop:** Banh mi sandwiches as well as bubble tea and traditional Taiwanese drinks. In Bellevue
- **Vietnamese Restaurant in La Vista:** Easygoing choice for pho, banh mi & other classic Vietnamese eats, plus a variety of bubble teas.

Entertainment/Activities

- **Aksarben Village:** Dining and shopping – Stop by Sunny's for Friday night summer concert series.
- **Alamo Dine in Movie Theaters**
- **Arbor Day Farms**
- **Bob Kerrey Pedestrian Bridge:** 705 Riverfront Drive, Can walk across the bridge to Iowa. Has a small splash pad/fountain area and concert venues and food trucks in the summer.
- **Bounce U:** Indoor bounce house arena. 11144 Q Street Omaha.
- **CHI Health Center:** Great concert venue with regular headliners, and where Creighton basketball plays www.centurylinkcenteromaha.com
- **Children's Museum:** Can get an annual membership, or free day passes with your library card. <http://www.ocm.org/>. 500 S 20th St, Omaha, NE 68102, 402-342-6164
- **Cimarron Splash Park:** One of several great splash areas for those hot days!
- **Durham Museum:** Families get in for FREE with Resident ID!!! Great Museum for the family with Nebraska history and Trains. Also has traveling Smithsonian Exhibits. 801 S 10th St., Omaha - info@durhammuseum.org
- **Farmer's Markets:** Old Market location – Open every Saturday May 7th – October 15th from 8am – 12:30pm. Aksarben Village location – Open every Sunday May 8th – October 16th from 9am – 1pm Charles Drew Health Center location open every Wednesday July 6 – August 31th from 3:30pm – 5:30pm.
- **Felius Cat Café:** Come have your coffee with rescue cats ready for adoption.

- **Fontenelle Forest:** One of Nebraska's oldest conservation organizations and largest private nature centers. 1111 Bellevue Boulevard North, Bellevue, NE. They have a great early childhood program called Mud Pies.
- **Go Kids Gym:** 4223 S. 120th Street Omaha.
- **Henry Doorly Zoo:** One of the nation's best zoos (always top ranked, if not #1) and has lots of indoor areas to view animals in the winter! Also has an aquarium and IMAX theater which are both free with zoo membership/admission. Amazing splash pad open in the summer. The season pass is the cheapest way to go if you plan to go more than once. 3701 S. 10th Street, Omaha - (402) 733-8400
- **Joslyn Art Museum:** Free entrance, great kid area called Artworks in basement and outdoor sculpture garden. 2200 Dodge Street Omaha. Has been closed for 2 years for renovations, but will open fall of 2024.
- **Lake Zorinsky:** 9901 JJ Pershing Dr. Omaha. Beautiful park – two playgrounds, hiking and bicycling trails.
- **Maplewood Lanes:** Clean bowling alley-need we say more? 3030 N. 101st Street, Omaha - (402) 572-9393
- **Midtown Crossing:** offers a wide variety of delicious restaurants with a great atmosphere. 333 Farnam St., Omaha - (402) 934-8860 - www.midtowncrossing.com
- **Motto McLean Ice Arena**
- **Moylan Iceplex:** 12550 West Maple Road Omaha.
- **Omaha Children's Museum:** yearly memberships make great gifts from family.
- **PE 101:** Indoor Kid gym – 2920 N. 118th Circle Omaha.
- **Papillon Landin Rec Center:** gym/indoor playground/indoor pool
- **Prairie View Lake:** (In Bennington) is a great place to fish. The kids catch small fish about every 5-10 minutes. Located 2 miles West of Bennington, 180th & Hwy 36.
- **Prehistoric Putt Putt:** Indoor Mini-golf with a fun theme.
- **Pump It Up:** Indoor bounce house arena. 960 S. 72nd Street Omaha.
- **Spielbound:** Board game Cafe, great for date nights!
- **Standing Bear Lake:** (of Omaha Parks and Rec) is a great place to go for walks or runs and has a lot of open sidewalk for the kids to ride bikes. 6404 North 132nd Street, Omaha - (402) 444-5955
- **Strategic Air and Space Museum:** 28210 W. Park Highway, Ashland, NE.
- **The Mark:** 20902 Cumberland Drive – Bowling, laser tag, arcade, full dinner menu!
www.markomaha.com
- **Top Golf:** Off of Dodge-you can't miss it.
- **Urban Air:** Indoor Trampolines, Climbing Walls, Playgrounds, Go-Karts & more. Great space for birthday parties or groups.

- **Vala's Pumpkin Patch:** The "Disney World " of pumpkin patches! This place is HUGE and a must for fall family fun! Tickets are less expensive if you go on a weekday. Come join HOAA for our event in the fall.
- **Westwood Cinema:** Movies are \$3.25, cash only (but are not brand new to the box-office). Great way to have an inexpensive date night or take the family to a movie! Located behind Bakers at 125th and West Center, Westwood Plaza - 2809 S. 125th Ave. #297 Omaha - (402) 697-1300
- **Wildlife Safari Park-** You can add this on to your zoo membership! It's a drive-through safari park.
- **Zorinsky Pool:** Has a zero entry and slides for all ages, a favorite summer stop with the kiddos.

Grocery and Specialty Foods

- **Absolutely Fresh Seafood Market :** The name speaks for itself. 1218 S 119th St, Omaha, NE 68144, (402) 827-4376
- **Aldi:** A no frills, value packed grocery store. The quality is great and the money saved is substantial. You need your own grocery bags or Aldi sells good ones cheaply or you can gather boxes as you go because items are in boxes and on pallets. The carts are locked together outside and require a quarter to unlock (return cart to get money back). Aldi will also give a double your money back guarantee if you are not satisfied with their products.
- **Bag-N-Save:** I always make sure to check the Sunday ads for the specials at Bag n Save. Their regular prices are a little higher than other stores in the area, but their sales are great. You do have to bag your own groceries.
- **Bakers:** Several locations, big and clean with a large variety and good produce. Some even have those car carts for kids. Great bakery and deli with pharmacy, floral, and photo depts. Watch their flyers for prices. Make sure to get a Baker's saving card.
- **Costco:** 2 locations in Omaha at 12300 W Dodge Rd and at 12515 Westport Pkwy in La Vista. Costco is a membership warehouse, carrying brand name merchandise at substantially lower prices than typical stores. It has much more than just groceries. They also have cheaper gas prices and 1 hour photo. Worth the membership just for household goods and if you have a large family (or a large freezer).
- **Hy-Vee Supermarkets:** Several locations, employee-owned, great customer service. Has "car carts" for the kids and postal services inside some stores. Very friendly and good selection with great catering departments and good pizza and Chinese food. Make sure to get a fuel saver card to save on groceries and gas. Also, kids can eat free fruit in the store while you shop! Also has a curbside delivery service and home delivery service.
- **Jacobo's:** Hispanic specialty, fresh tamales and salsa. 4621 S. 24th St. (402)-733-9009. Cash only, closed Mondays.
- **La Guerra:** Hispanic specialty market. 4233 S. 24th St. (402) 733-9194.

- **No Frills Supermarkets:** Multiple locations. They have a large selection of items, nice parking, and competitive prices. Not always the cleanest or friendliest (depends on location).
- **Sam's Club:** Membership required; large quantities. 120th and L (Note: owned by Walmart). Also have 1 hour photo and many household items besides food.
- **Trader Joe's:** "great food + great prices = Value" grocery store. Regency, 10305 Pacific Street, Omaha - (402) 391-3698. Cult following for some of their products.
- **WalMart-** various locations around Omaha. Also offers curbside delivery service on groceries. Walmart Markets are smaller stores with a pharmacy that just sell grocery and some household items and can be very convenient with lower prices on produce and other packaged goods.
- **Whole Foods:** natural, organic, and specialty foods. The prices are quite high, but you can't beat their selection of produce, seafood, meats, and cheese. 10040 Regency Circle. Excellent to-go food options and eat-in cafe.

Health Clubs

- **24 Hour Fitness:** 4 locations. Open 24/7. Full service. www.24hourfitness.com
- **Cass – Sport:** Multiple locations. 7777 Cass St., Omaha - (402) 343-0486; Northpark – sport 2718 North 118th Circle, Omaha - (402) 496-2444; 144th & F (OMAHA) – sport 4007 S. 145th Plaza Omaha - (402) 895-5550; Tara Plaza – sport 845 Tara Plaza Papillion - (402) 331-7333.
- **Anytime Fitness:** Multiple locations (downtown, near Children's, Papillion, etc) all open 24/7. Fantastic gym!
- **Aspen Athletic Club:** 3 locations. Childcare and children's programs available. www.aspenathleticne.com Aksarben 2110 South 67th Street, Omaha - (402) 763-1400; Shadow Lake 7549 Towne Center Parkway, Papillion - (402) 884-7377; Q Street- Aspen Active 17725 Welch Plaza, Omaha - (402) 452-3399
- **Heartland Conservatory of Dance and Pilates:** Beautiful, huge ballet and Pilates studios. All classes taught by former professional ballet dancers. Pilates reformer and dance classes for kids 2 years to adults! 2502 S. 133rd Plaza Omaha, NE 68144 (402) 237-8801 www.hcd.dance
- **Mick Doyle's Kickboxing and Fitness Center:** Pricey, but the staff is really personal. 10801 Blondo Street, Omaha - (402) 498-9592 - www.mickdoyle.com
- **Papillion Landing:** Great gym with an indoor playground and indoor pool. Has childcare in the morning, afternoon or evening!
- **Prairie Life:** 3 locations. Full-service health club with great classes. Very nice facilities and features. Child-care and children's programs are available. www.prairielife.com 132nd & Center, 275 S. 132nd St., Omaha - (402) 691-8546; 84th & Q, 8525 Q Street Omaha - (402) 537-0430; Midtown Crossing, 31st & Farnam Street, Omaha, (402) 916-5000

- **Salvation Army Kroc Center:** Aquatic center, fitness center, education center, rental facilities, programs for adults and children, fellowship hall. 2825 Y St., Omaha - (402) 905-3500 - www.omahakroc.org
- **YMCA:** Armbrust and Maple locations. Great facilities, wonderful childcare, zero-entry pool. Maple has a great Terrific 2's program, pre-school, and great group exercise classes. Papillon location is newer and has a great preschool program and great children swim lessons. The downtown location also has a full time day care.
- **Swimtastic:** For swimming lessons. They do a great job of teaching kids of all ages the basics of swimming in a very small class environment. If you do lessons there, you get free use of the heated 80 degree pool on the weekends. 2920 N 118th St, Omaha, NE 68164. 402-496-7946
- **DiVentures:** For diving and swim lessons for infants and kids of all ages. 4303 S 121st Plaza Omaha.
- **Lotus House of Yoga:** 3 studio locations around town. Great variety of classes. The Aksarben studio also has a barre fitness room and juice bar.
- **Bhadra Yoga:** 5020 Leavenworth St, Omaha, NE 68106, Great restorative and prenatal class.
- **Barre Code Dundee:** 5002 Dodge St #301, Omaha, NE 68132, 402-884-1667

Household/Home Repairs/Cleaning

Basement, Foundation, and Concrete Repair

- **Thrasher Basement:** 1-888-822-4553

Electrician

- **Superior Electric** 402-706-3261

Remodel/Repair/Maintenance

- **Mevela:** Mike Eveland (531) 213-9127. Professional, thorough and fairly priced all-around home handyman.

Fencing

- **Ty the Fence Guy:** 1591 Trumball Terrace, Plattsmouth - 402-510-8159

Heating & Cooling

- **AAA Residential Heating and Cooling:** (402) 551-1000
- **Aksarben ARS:** 7070 S 108th St, La Vista, NE 68128, 402-331-1233 www.aksarbenars.com, Ph: 402-401-7768
- **Brasch Heating and Cooling, LLC:** Shane Brasch, owner. (402) 591-1838

- **Rosewood HVAC:** Ask for Tony-honest, prompt service. He'll do a great job for you, and come check that everything is running properly if you ever have concerns.
- **Xtreme HVAC:** 402-932-2656

Home Inspections

- **Foundation-2-Rooftops:** Home inspections. Greg Wayman. (402) 330-1701.

Kitchen Bath & Flooring Resurfacing

- **Renew Resurfacing:** Candy and Jim at 402-500-0669, www.renewresurfacing.com

Landscaping

- **Orlando:** landscaper. 402 321-7033.
- **AJ's Landscaping:** 402 (706) 0036. Have been in business for decades, but happy to do any project, large or small.

Painting

- **Brink Painting Services:** (402) 575-7878- www.brinkpainting.com
- **Painting:** Terry O'Doherty at 402-334-7934

Plumbing

- **Aksarben ARS:** 7070 S 108th St, La Vista, NE 68128, 402-331-1233
- **B&B Plumbing:** Brian Bales, Owner. (402) 330-5660
- **Backlund Plumbing:** (402) 341-0450 - www.backlundplumbing.com
- **Integrity Plumbing:** 402-657-6494

Roofing

- **A&P Construction, Inc:** Roofing specialists: (402) 740-0800.

Window & Gutter Cleaning

- **Affordable Window and Gutter Cleaning:** 402-706-7374.

* Be sure to ask your real estate agent for local vendor recommendations as well

Legal, Taxes, & Home Insurance

Attorneys

- **Contract Negotiations:** Eric W. Tiritilli: Attorney at Law, Gross & Welch, P.C., L.L.O. Specializes in contract negotiations. Phone: 402.504.1300 or etiritilli@vwattys.com

Accountants

- **Brian Cspikes:** with Seim Johnson- (402) 330-2660
- **Nicole Snow:** at Bland and Associates- (402) 397-8822

Home and Auto Insurance

- **Brady Wilson:** Independent Agency, SafeCo- (402)-350-7502
- **Charlie Weston:** Farmer's Insurance- (402) 896-6565
- **Devan Kennington:** Allstate- (402) 496-5315
- **Debbie Williams:** Farmer's Insurance - (402) 614-4633

Medical Services

Urgent Care Centers for Children:

Children's Physicians Urgent Care - West Village Pointe

Monday through Friday 6-10 pm

Saturday, Sundays & Holidays Noon – 10 pm

110 N. 175th St. (175th & Burke -Southwest of Village Pointe Shopping Center)

Omaha, NE 68118, (402)-955-8300

Children's Physicians Urgent Care - Val Verde

Monday through Friday 6-10 pm

Saturday, Sundays & Holidays Noon – 10 pm

9801 Giles Rd., Suite1 (96th and Giles)

Omaha, NE 68128

(402) 955-7200

Urgent Care Centers for Adults:

Clarkson Family Medicine affiliated with UNMC operates 3 urgent care clinics in 3 locations around the city with evening, weekend, and holiday hours.

<http://www.nebraskamed.com/immediate-care-clinics>

See also a list here: <https://www.urgentcarelocations.com/ne/omaha/omaha-urgent-care>

Emergency Rooms

Omaha

Nebraska Medicine-4305 Dewey Ave	402-559-6637
Children's Hospital - 8200 Dodge Street	402-955-5400
CHI Health Creighton University Medical Center- 7500 Mercy Rd.	402-398-6060
Immanuel Medical Center - 6901 North 72nd Street	402-572-2225
Methodist Hospital - 8303 Dodge Street	402-354-4000
Methodist Women's Hospital- 707 N. 190th Plaza	402-815-4000

Council Bluffs, Iowa

Mercy Hospital - 800 Mercy Drive,	712-328-5000
Methodist Jennie Edmundson Hospital- 933 E Pierce St	712- 396-6000

Papillion

Midlands Hospital - 11111 South 84th Street	402-593-3000
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Bellevue

Bellevue Medical Center - 2500 Bellevue Medical Center Drive	402-763-3000
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Dentists/Orthodontists

- **Summit Dental Health: Rebecca Anderson, DMD** -5321 Center Street, Omaha, Ne 68106 402-551-2238, SummitDentalHealth.net Dr. Anderson is married to a resident, and loves to treat residents & fellows. She does general dentistry as well as Invisalign and is kid friendly!
- **Pediatric Dentist: Dr. Jane Bennett** - 72nd and Cornhusker Suite 400 - 545 Fortune Drive, Papillion (402) 502-1256 (our kids LOVE her!) janebennettds.com
- **Schneider Family Dentistry: Dr. Kathryn Schneider** - Dr. Schneider and her staff are wonderful, kind, and makes anyone feel comfortable. Perfect place for the whole family to go! (402) 493-2314, schneiderfamilydentistry.com/
- **Ohana Smiles: VERY kid friendly!!** 11010 Prairie Brook Road Omaha (402) 571-3415
- **Greder Dental:** 1113 North 72nd Street, Omaha - (402) 558-6220
- **Hillsborough Family Dentistry:** 13808 W Maple Road, Suite 112, Omaha (402) 445-4647
- **Pediatric Dentist: Dr. J. Bryan Hohenstein:** Smile Station Pediatric Dentistry- located at 180th & Q - highly recommend this office! Fantastic with kids and makes it a fun experience. (402) 330-5535
- **Pediatric Dentist: Dr. Cade Hunzeker**-2430 S. 179th St, 402-330-1131
- **Dr. Lisa Strunk and Dr. Dana Carmen:** are wonderful pediatric dentists. Both are magical and so is the office staff. My kids practically run into the dentist! pedodonticspc.com 2521 S. 119th St, Omaha, NE 68144, 402-330-5913
- **Dr. Elizabeth Szeliga:** We shopped around for almost 6 years in Omaha before finding this FABULOUS dentist! (402) 572-1120
- **Pediatric Dentist: Dr. Barry Webber** with Walnut Creek Pediatric Dentistry in Papillion. 11336 S 96th St Suite 111, Papillion - (402) 590-2018 walnutcreekteeth.com

- **Today's Dental- Elkhorn:** 20211 Manderson St, Elkhorn - (402) 505-1910
- **Dentistry for Health:** Dr. Kahn, 10365 Pacific St, Omaha - (402) 932-0282
- **Smith & Hascall Family Dentistry**
- **Weber Orthodontics:** 2422 S 179th St, Omaha - (402) 896-4500

Dermatology

- **Dr. Kristie Hayes:** 10060 Regency Circle Omaha - (402) 354-1315
- **Dr. Joel Schlessinger:** 2802 Oak View Drive, Omaha - (402) 334-7546
- **Dr. Melissa Darling:** two locations in Elkhorn and Midtown - (402) 552-2555
- **Mod Dermatology:** 2953 S 168th St Suite 101, Omaha - (402) 509-4812

Eye Care

- **Dr. Dozon:** Aksarben Eye Care- 6307 Center St #202, Omaha - (402) 932-1366

Family Medicine

- **Dr. Elisabeth Backer:** 2727 South 144th Street, Omaha, NE (402) 778-5677
- **Dr. Harnisch:** Family physician at UNMC. (402) 552-3222
- **UNMC**

OB/Gyn

- **Dr. Laura Cudzilo:** Olson Center for Women's Health at UNMC, (402) 559-4500 and Village Pointe, (402) 596-4800.
- **Dr. Julia Bishop:** Gynecology only - 16120 West Dodge Road, Omaha - (402) 354-0910 and Methodist Women's Hospital 707 N. 190th Plaza, Omaha - (402) 815-4000
<http://methodistforwomen.com/>
- **Dr. Amoura:** Office is at the Olson Women's Center at UNMC. (402) 559-9800
- **Dr. Erin Evans:** at Lakeside and Alegent. 17001 Lakeside Hills Plaza #100, Omaha, NE 68130, 402-697-7200.
- **Dr. Jamie Seeman:** Midcity OB (delivers at Methodist and Bergan)
- **Dr. Karen Carlson:** UNMC Physicians - (402) 559-2719
- **Dr. Kinnan:** CHI
- **Dr Hill:** with Omaha OB/GYN- 4239 Farnam St. Suite 734 / (402) 552-2700 and at 16909 Lakeside Hills Ct. Suite 201 / (402) 991-1900
- **Dr. Linda Collins:** Omaha OB/GYN Associates at 16909 Lakeside Hills Court Suite 201, Omaha - (402) 991-1900 and at 4239 Farnam Street Suite 734, Omaha (402) 552-2700
- **Dr. Lanette Guthman:** Delivers at Methodist. 717 N.190th Plaza, Omaha, NE, (402) 815-1700
- **Dr. Nancy Hicks:** Physicians of OB-GYN, 2723 S 87th St, Omaha, NE 68124, 402-397-6600

- **Dr. Sarah Schultz:** CHI
- **Dr. William Weidner:** Methodist Physicians Clinic Women's Center 717 N.190th Plaza, Omaha - (402) 815-1700
- **Dr. Jill Burke:** Omaha OB/GYN Associates at 16909 Lakeside Hills Court Suite 201, Omaha - (402) 991-1900 and at 4239 Farnam Street Suite 734, Omaha (402) 552-2700.
- **Dr. Nick Steinauer:** Omaha OB/GYN Associates at 16909 Lakeside Hills Court Suite 201, Omaha - (402) 991-1900 and at 4239 Farnam Street Suite 734, Omaha (402) 552-2700. He completed additional training at the Pope Paul VI Institute for the Study of Human Reproduction/Creighton University as a Natural Family Planning Medical Consultant, specifically the Creighton Model Fertility Care System.

Pediatrics

- **Children's Physicians Dundee Clinic:** There are many residents who use Dr. Erin Loucks and Dr. Drake and Dr. Moore. 119 North 51st Street Ste 201, Omaha - (402) 955-7676
- **Children's Physicians Eagle Run Clinic:** Dr. Anglim and Dr. Kaufman are wonderful! (402) 955-3000
- **Children's Physicians at Val Verde:** Dr. Godsil is fantastic
- **Dr. Kronberg:** at Eagle Run, 13808 W. Maple Rd. Ste 100, Omaha - (402) 955-3000
- **Dr. Mary Dek:** Village Pointe Pediatrics 16811 Burke Street # 101 Omaha - (402) 573-7337. All the physicians there are wonderful. They have night and weekend appointments to fit everyone's schedule.
- **Dr. Kari Krenzer:** Children's Physicians, West Village Pointe 110 North 175th Street (402) 955-5437
- **Dr. Amanda Votruba:** at the Methodist Women's Hospital campus. (402) 815-1325
- **Dr. Dulac:** Sancta Familia Medical Apostolate. Also Dr. Pierre is a family doctor there as well. Catholic non-profit clinic. 10506 Burt Circle, Omaha, NE 68114, (402) 991-3393
- **Village Pointe Pediatrics:** 180th and Burke St, all doctors are highly rated here, (402) 573-7337
- **Dr Jane Carnazzo:** Children's Physicians, Spring Valley, 4224 S 50th St, Omaha - (402) 955-7474

Other Specialties

- **Allergist: Dr. James Tracy:** Ste 210, 2808 South 80th Avenue, Omaha - (402) 391-1800
www.allergynebraska.com
- **Boys town Pediatric Audiologist:** 555 North 30th Street, Omaha - (402) 498-6520

Pet Care

- **Dr. Cory at VCA Animal Hospital:** off of center and 66th. He is a wonderful vet. Dr. Cory and the whole staff are so wonderful. 2323 South 64th Avenue Omaha, NE 68106 (402) 558-1522
- **Elkhorn Animal Hospital**
- **Harvey Oaks Animal Hospital:** 2706 S. 148th Circle, Omaha, Nebraska 68144, 402-334-0200
- **Heartland Pet Hospital**
- **Log Barn Stables:** Quality horse boarding. 11420 33rd Ave., Plattsmouth (402) 296-5351
- **Pittman Animal Hospital:** Friendly and affordable. In Midtown. 4629 Dodge Street, Omaha - (402) 556-2535
- **Ralston Veterinary Clinic:** Multiple vets, longer hours. Nice staff, good & inexpensive boarding services, includes outdoor walks 2x a day. 6880 S. 78th St., Ralston - (402) 331-6322
www.ralstonvet.com.

Shopping Centers

- **Aksarben Village:** 67th and Center. Great outdoor shopping area with boutique shops and excellent restaurants. Home to Stinson Park which has a fountain, playground, and is home to a great summer concert series. Also hosts a holiday market with lots of local crafts. Also home to a movie theater and Spirit World, a great liquor/wine store.
- **B2B Last Chance:** It's owned by Big Wheels to Butterflies and it's their clearance center on gently used baby/children clothes. It's across the street from Big Wheels to Butterflies in Papillion. Everything is \$1 unless otherwise noted. Onesies are 2 for \$1 and socks are 4 for \$1. 11425 S. 72nd Street Papillion – (402) 884-5010
- **Big Wheels to Butterflies:** Awesome selection of gently used infant and children's clothing, gear, toys, and more! Multiple locations around town. Their Papillion store also carries maternity clothes. bigwheels2butterflies.com
- **Crossroads Mall:** 72nd and Dodge. Sears, Target, Barnes & Noble
- **Countryside Village:** 84th and Pacific. Unique local shops, salons, galleries, and a few eating establishments.
- **Fat Brain Toys**
- **Garden Ridge:** Located at about 129th & W. Center. Lots of items at cheap prices. They have everything from furniture to underwear. <http://www.gardenridge.com/>
- **Lakeshore Learning:** kids toy shop
- **Midtown Crossing:** located at 333 Farnam St. Omaha, NE 68131 (402) 934-8860 www.midtowncrossing.com. Has a variety of stores and restaurants and lots of activities. Thursdays throughout the summer they host jazz on the green and free community yoga on Sunday afternoons.
- **Mulhall's:** Garden store, nursery, home decor. Gorgeous at Christmas time with fresh wreaths, trees, holiday decor, Santa, and live reindeer!
- **Nebraska Crossing Outlet Mall:** 21209 Nebraska Crossing Dr. C100 - Gretna, NE (15 minutes outside of downtown Omaha) Great selection of outlet stores including J Crew, Kate Spade, Nike, etc. www.nexoutlets.com
- **Nebraska Furniture Mart:** Huge furniture, appliance, and electronics store with hard-to-beat prices. 700 S. 72nd Street, Omaha - (402) 397-6100
- **Oakview Mall:** 144th and Center. Bright and open. Lots of varieties of stores: Dillard's, Williams-Sonoma, Movie Theater nearby. Great soft-sculpture play area for kids.
- **Old Market:** Unique trendy shops, galleries and restaurants. Summertime farmers market
- **Once-N-Again:** Gently used infant and children's clothing, gear, toys, and more! 11820 S. 25th Bellevue, NE 68123 (402) 905-2404 Once-n-again.com
- **One Pacific Place:** 102nd and Pacific. High-end chain shops in an upscale strip mall setting: Ann Taylor, Banana Republic, Eddie Bauer. Trader Joe's is also located here.

- **Regency Court:** remodeled Shopping Center offers a unique blend of upscale shopping and dining in the heart of Omaha. The quality is unmatched, the service is unbeatable, and the ambiance is one of a kind, very nice! Pottery Barn Kids has concerts and events. Excellent Santa Claus with fake snow at Christmas time for family photo opportunities.
- **Rockbrook Village:** 108th and Center. A large number of fun local shops, galleries, plus some restaurants and services. Hosts several events for families throughout the year.
- **Shadow Lake Towne Center:** an 880,000 sq. ft. open-air mall on 127 acres. Has a combination of home, fashion, grocery, discount and lifestyle retailing all in one. The center has vehicular access to the major and junior anchors, as well as shops at the center's core. The architectural elements reflect those of historic buildings across Nebraska for a unique shopping experience. Great variety of stores and restaurants.
- **Suite Child:** great childrens shop
- **The Bookworm-** great independent book store. 2501 South 90th Street, Suite 111, Omaha, NE 68124, 402-392-2877
- **Village Pointe Shopping Center:** 168th and Dodge. Great outdoor mall with higher-end stores such as Sephora, Janie and Jack, Athelta, and Banana Republic, as well as some good chain restaurants, a movie theater and the Apple Store. Beautiful Christmas decorations.
- **Westroads Mall:** 98th and Dodge. Dillard's, Younkers, Von Maur, JCPenney, The Container Store, several chain restaurants, and a large amusement center on the lower level. Movie theater is very nice westroadsmall.com/en/flagship-commons-food-hall.html

Moving to Omaha Information

*Check out the Chamber of Commerce at www.omahachamber.org

Housing

The area of town you live in can make a big difference. Below you will find a list of the various sections of town. Hopefully this will save you some time and ultimately help you find a good place to live. In general, the further west you go, the newer the housing is and it's more of a "suburbia" setting. However, there are beautiful locations close to downtown and UNMC/Creighton, including, but not limited to Westgate, Aksarben/Elmwood.

**Make sure to investigate how traffic is along the route to UNMC/Creighton prior to selecting housing.*

- **Aksarben/Elmwood:** This is an up and coming area that has pockets of beautiful older homes. The older homes in Elmwood look like they are out of a storybook. It can be expensive for housing, but that is not always the case. In Aksarben there are many new apartments and shopping/restaurants. Close to Creighton University Medical Center - Bergan Mercy and UNMC. Elmwood park is walkable from certain areas and it is absolutely gorgeous. They have a playground with tons of toys. Great and safe location for families.
- **Bellevue:** Generally good neighborhoods and moderately priced housing, with a large diversity of acreages, condos and new housing developments. The commute to hospitals depends on traffic, but is usually about 20 min. Bellevue has a small town feel with the perks of a city nearby. It is also home to Offutt Air Force Base.
- **Central/Midtown:** (roughly between 30th and 72nd Streets): A little older housing with pockets of charming neighborhoods. Homes here are usually a good value for the price. The Dundee area within Midtown has a good reputation with past residents, being known for its unique two and three story homes. Morton Meadows and Field Club are neighborhoods within Midtown with great homes and very close to Creighton, The NE Medical Center, and the VA. The Benson area has retained its small town atmosphere and "main street" shopping district. Several residents who decide to buy a house purchase in this area because it is often affordable and close to area hospitals. Excellent elementary schools and parochial schools nearby.
- **Downtown:** Rental properties priced in resident/fellow budgets are often older, smaller, and typically more run down. A growing market of loft apartments and condominiums has recently emerged in and around an area downtown known as the Old Market, many of them are great! In general, housing downtown is generally more expensive than comparable housing in other Omaha areas, but it is also popular among residents and fellows who enjoy nightlife and a more urban setting.

- **Millard/Southwest Omaha:** Nice housing and neighborhoods with an excellent school system, but housing is often more expensive and the commute is greater than 20 min.
- **North Omaha:** Older and very inexpensive housing. This area has great neighborhood pockets but is also home to much of Omaha's crime, so consider with caution.
- **Papillion, Ralston, La Vista, Gretna:** Nice housing and neighborhoods, with both established areas and new construction and excellent schools. The commute to UNMC and Creighton-Bergan Mercy depends on traffic but will be greater than 20 minutes.
- **South/Southeast Omaha:** Older housing in mostly working-class, diverse neighborhoods. Some areas are well kept and safe, while others feel more run-down. If you are looking to buy a more reasonably priced house, this may be a good area. It is close to the Zoo, Rosenblatt Stadium, and the Botanical Gardens. Also home to historic south 24th street where some of the city's best and most authentic Mexican restaurants and bakeries are located.
- **Benson:** Built around Maple and just east of 72nd street, Benson is one of the best priced areas and one of the most diverse areas in Omaha. It is a central location between many of the hospitals with some cool bars, and unique shops.
- **West/Northwest Omaha:** Larger, newer homes, which often have large yards. Nice, moderate housing along with several newer homes which are quite affordable. 15-20 minute commute to UNMC and 20-25 minutes to Creighton-Bergan Mercy. The nearness of the interstate allows for easy commuting to any part of the city from here. The city of Bennington is a very nice place to live with affordable homes that are on the newer side.
- **Westgate Neighborhood:** Beautiful, family-friendly older homes. Very safe for walking around in. 10 minutes from downtown, the zoo, 11 minutes from UNMC, 12 minutes from Creighton. 4 minutes away from Walmart. Scooters Coffee and gas stations are 2 minutes away. Westgate pool is in the neighborhood. However, membership is pricey. Pipal park is a 5-10 minute walk from anywhere in the neighborhood. You can get there using only neighborhood streets and then cutting through the community center parking lot. It is also a 6 minute drive from Elmwood Park, which is amazing. They have an awesome playground with tons of toys and it is very safe. Very good central location.

Getting Around Omaha

Getting around Omaha can be fairly easy if you remember a few hints:

- The streets are divided into north and south by Dodge Street, which runs from east to west starting downtown all the way out to west Omaha. Dodge is the main street through town. The city is divided from east and west by 72nd Street. Where Dodge and 72nd Street meet is considered the "crossroads."
- Typically, north/south streets are numbered (i.e. 55th Street) and east/west streets are named (i.e. Maple Street). Streets and Avenues are not the same; they are usually right next to each other though.

- The interstate system consists of I-80 going east-west, I-680 heads north off of I-80 in west Omaha, and I-480 heads north off of I-80 downtown.

Omaha's public transportation system, known as Metro Area Transit (MAT), is somewhat limited. Most residents drive to get where they are going.

Omaha has been nicknamed the "20 Minute City" because almost everything is within a 20-minute drive, although with the suburban sprawl to the west that nickname is really being *stretched!*

Auto Registration & Licensing

New residents in Omaha have 30 days after establishing residency to purchase license plates, register their vehicle and pay auto taxes. Automobiles are taxed as personal property. Titles and registrations can be processed at these Douglas County Treasurer office locations:

By mail at 1819 Farnam St, 402-444-7025

In person at:

North Branch - 7414 N 30th St

South Branch - 4202 S 50th St

Millard Branch - 5730 S 144th St

Maple Branch - 2910 N 108th St (drivers license only)

West Maple- 15335 W Maple Rd, Omaha, NE 68164 (title and registration)*

Midtown Branch - 411 N 84th St*

*No driver licensing services at this location.

Vehicles previously titled in another state must have their vehicles undergo a VIN number inspection, which is done at the Douglas County Sheriff's Vehicle Inspection Office located at 8338 Chicago Street, 402-444-7532 or 402-444-7536. The cost is \$10.00. (Make sure to do this first) Then you must bring your insurance and registration information to the County Treasurer's office (Douglas County, Omaha – 402-444-7103) (Sarpy County, Papillion 402-593-2143). To title your vehicle, you will need your out of state title and the inspection receipt. Licensing fees vary; there is a wheel tax and a motor vehicle tax which is based on your vehicle's value.

Driver's License

By law, you must get your Nebraska driver's license within 30 days of moving here. You will have to give them your current license in exchange for a new one. You can also register to vote while you get your license!

DMV Locations:

4208 S 50th street, 402-595-2039

7414 N 30th street, 402-595-2040

2910 N 108th Street, 402-595-3106

5730 S 144th Street, 402-595-2424

Sarpy County DMV: 1210 Golden Gate Drive, 402-595-1834

Voter Registration

- New residents living in Omaha can register to vote by mail or in person. You can register at the Election Commissioner's office located at 225 North 115th Street, Omaha, NE 68154, 402-444-VOTE, at any public library, or when renewing a driver's license.
- For Papillion residents, you can register at the Sarpy County Election Commission office located at 501 Olson Dr, Suite 4, Papillion, NE 68046, 402-593-2167.

Utilities

- **Omaha Public Power District (OPPD):** New customers 402-536-4131 for electric
- **Metropolitan Utilities District (MUD):** Serving the metro area including municipalities in 4 other counties. Located at 1723 Harney St. Call 402-554-6666 for gas and water connections.
- **Garbage, Recyclables and Yard Waste Collection:** within the **Omaha city limits** go to <http://www.wasteline.org/mybin/>
- **Garbage, Recyclables and Yard Waste Collection:** For **Sarpy County** residents see <http://www.bellevue.net/Information/Trash-Recycling> or <http://www.premierwastesolutions.com/>

*Residents outside the Omaha city limits, in unincorporated areas or sanitary improvement districts (SID), should make arrangements with private contractors for garbage collection.

Libraries

The Omaha Public Library system consists of 13 convenient locations, your card works at all 13-so enjoy exploring them all! They host regular storytimes and events for children. If you are in Sarpy County, check out Sump Memorial Library!

Free Education

The University of Nebraska in Omaha offers 15 credits a year to the families of medical residents at UNMC. FREE classes up to a certain amount of credits per quarter. These can only be applied to undergrad classes. If there is anything we can help support you in your education, please reach out to a member of the presidency. For more information contact the registrar's office at <http://www.unomaha.edu/registrar/>

Information Centers

There are so many wonderful things to do in Omaha that it is hard to mention them all in this packet but here are some helpful links about the city of Omaha and things to do and see here.

Greater Omaha Convention and Visitors Bureau: Has flyers and brochures about area attractions, plus a knowledgeable and helpful staff. 1620 Dodge Street, 402-444-4660, www.visitomaha.com.

Nebraska Game and Parks Commission: outdoornebraska.gov/
Can purchase hunting and fishing licenses at these locations.

Momaha: The family focused section of the Omaha World Herald. Momaha.com

Family Fun in Omaha: Posts monthly events and descriptions of things happening around the community for families. familyfuninomaha.com

Council Bluffs Area Chamber of Commerce-149 W Broadway, Council Bluffs, IA 51503, (712) 325-1000

Iowa Information Center: Council Bluffs, Iowa, Exit 1B on I-80, follow signs to the center. A unique drive to the center – through a prairie setting to a beautiful facility that serves as a tourism info center for Iowa.

YOU **CAN** AFFORD YOUR OWN HOME!

Loans for medical residents with
flexible down payment options.

Mortgages for
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and physicians

Up to
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No private
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Equitable can find the loan that works for you!



"I thought homeownership was a luxury I couldn't afford on a resident's salary, but Joe Dobrovolny broke it down into an easy-to-understand process. I was able to pick the right mortgage and got a great home close to campus for less than I was paying in rent."

Daniel Agraz, MD, UNMC ophthalmology resident



"We have worked with Equitable Bank for many years and appreciate their professional, courteous and prompt response to our needs. We can count on Equitable to make the best financial recommendations for our family and would recommend them to anyone."

Dr. Matt and Megan Freeman



Joe Dobrovolny
NMLS #445889
Vice President - Mortgage Lender

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Get \$600 off your closing costs!***

*Subject to credit approval.

**When you open a deposit account with Equitable Bank.



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FNBO's Physician Mortgage Loan

Local, dedicated lenders to manage the details.

As a medical professional, your financial needs are unique and require solutions that are tailored to your lifestyle.

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- Loan amounts up to \$1,500,000
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- Gift funds allowed for down payment



Single-family, owner-occupied homes only within FNBO's lending area.

* See an FNBO mortgage loan officer for complete details.

** Subject to credit qualifications.



Angie Brookhouser



Mortgage Loan Officer
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abrookhouser@fnbo.com
NMLS 623814



Brad Dombrosky



Mortgage Loan Officer
402.602.5362
bdombrosky@fnbo.com
NMLS 404109



Vasili Sakkas



Mortgage Loan Officer
402.602.1538
vsakkas@fnbo.com
NMLS 403932



You're moving to Omaha!

As if you didn't have enough to worry about, now you need to find a place to live. Should you rent or buy? What are the different neighborhoods? What can you get for your money? And how can you buy a home when you're a resident or a student?

I can guide you through this process. I've helped many clients in your exact situation.



Ryan Renner, Realtor®
402-321-4578

Ryan@OmahaRelocation.com
www.OmahaRelocation.com

What's it really like to live in Omaha?

You've read about Omaha (and maybe visited once), but you need practical advice on living here. I wrote a guide about living in Omaha - from where to buy groceries to navigating city streets.

www.OmahaRelocation.com

Feedback from healthcare professionals I've helped.

Tonya & Spencer Ferrell, MD
Creighton - OB/GYN Resident



"Ryan was a lifesaver! We were moving from out of town on a tight budget, short timeframe, and a specific commute in mind. He gave us some really good insight on where we needed to be, kept our needs in mind, and made sure to get us in our house in time to start our new jobs. He was very available to us, especially coming from out of town and working around our busy schedules. I would definitely recommend him!"

Kelsey & Christopher Pritchard
Creighton School of Dentistry



"Ryan was so helpful in helping us find our new home. We are new to town and we didn't really know where to look or what would be a good fit. Ryan's knowledge of the area was evident throughout the process and he was so quick to respond to all of our questions. He was just enjoyable to work with too!"

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and Gardens
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THE GOOD LIFE
GROUP

Neighborhood Video Tours

Near UNMC & Creighton Medical Center

Neighborhoods Covered:

- Blackstone
- Dundee
- Aksarben
- Benson
- District 66
- And More

Topic Covered:

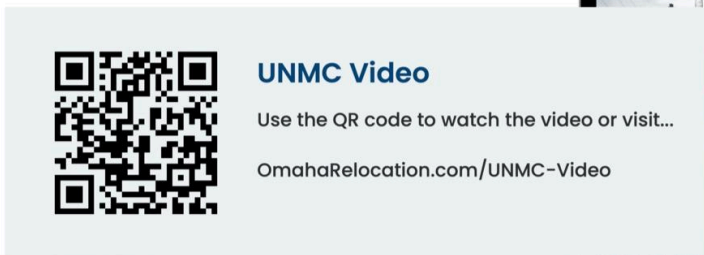
- Geographic Tour of the Area
- Pros & Cons of Each Neighborhood
- Neighborhood Amenities
- Commute Times
- Rental Options
- Affordable Neighborhoods



Creighton Video

Use the QR code to watch the video or visit...

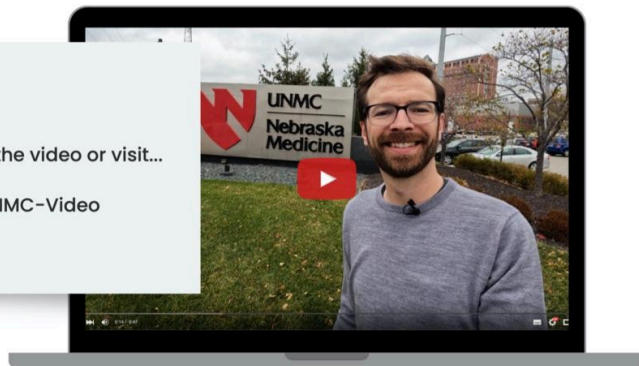
OmahaRelocation.com/Creighton-Video



UNMC Video

Use the QR code to watch the video or visit...

OmahaRelocation.com/UNMC-Video



Questions? Call or text me 402-321-4578

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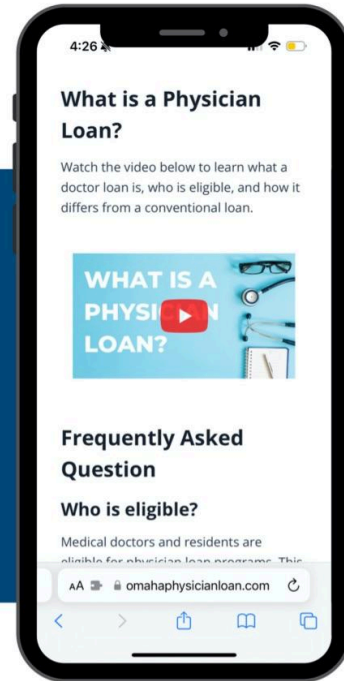
THE
GOOD LIFE
GROUP

OmahaPhysicianLoan.com

I created OmahaPhysicianLoan.com to answer some common questions residents and fellows have about qualifying for a home loan. It even includes an interview with a local lender.

Topics Covered:

- Who is eligible for a physician loan?
- How much can I get approved for?
- How much do I need for a down payment?
- How is a physician loan different from a conventional loan?
- Can I buy a home before my residency or new position starts?
- What do I need to provide the lender to get pre-approved?



Professionals I Trust...

In addition to all that information, you will see a list of my three preferred lenders. I've done physician loans with all of them, and most importantly, **I trust them.**

Matt Dougherty, Insurance Agent

If you are looking for auto, homeowners, or renters insurance, Matt has you covered.

Phone: 402-884-2870

Email: matt.dougherty.nktd@statefarm.com



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Hello, my name is Tim Reeder and for over 25 years I've been the leading real estate broker in Midtown and other historic Omaha neighborhoods. As a transplant myself, I fell in love with this city, the people, the houses and their history.

Selling real estate is my profession but old homes are my passion. Their style, character and history are amazing. UNMC is in the center of Omaha's historic Midtown area and if you are looking to live in a beautiful tree-lined, walkable and bikeable neighborhood only minutes from UNMC, then I'm your guy.

I'd love to give you a tour and history lesson about this extraordinary city you are about to call home. Get to know me by checking out my real estate website **OldOmaha.com** and my hobby website **TimsTown.com**.

*Welcome to Omaha!
You are going to love it here.*

TIM'S TOWN

OUR HISTORY, YOUR TOWN
HISTORY • BLUEPRINTS • BLOGS • TREES • REAL ESTATE

Follow Tim Reeder and Old Omaha:    

The Go-To Old Home Expert

Tim Reeder | 402-612-3833

TimReeder@betteromaha.com
OldOmaha.com • TimsTown.com

Psst ... not all Realtors love old homes, the ones that do sell them better!



"Shellie was wonderful to work with. She knew all the answers to our questions, and was very responsive and helpful. She kept in touch often and we could see she did a lot of work behind the scene. We're very happy with her work and would choose her again."

Good for a FREE Consultation & Omaha Tour for Relocating Clients

CALL ME! I'd be glad to talk to you and answer any questions you may have about the market and your own real estate goals. I have extensive experience working with relocating clients and can make your transition a smooth one!



Shellie Nelson

SALES PROFESSIONAL, REALTOR

402-681-4196

shellie.nelson@bhhsamb.com

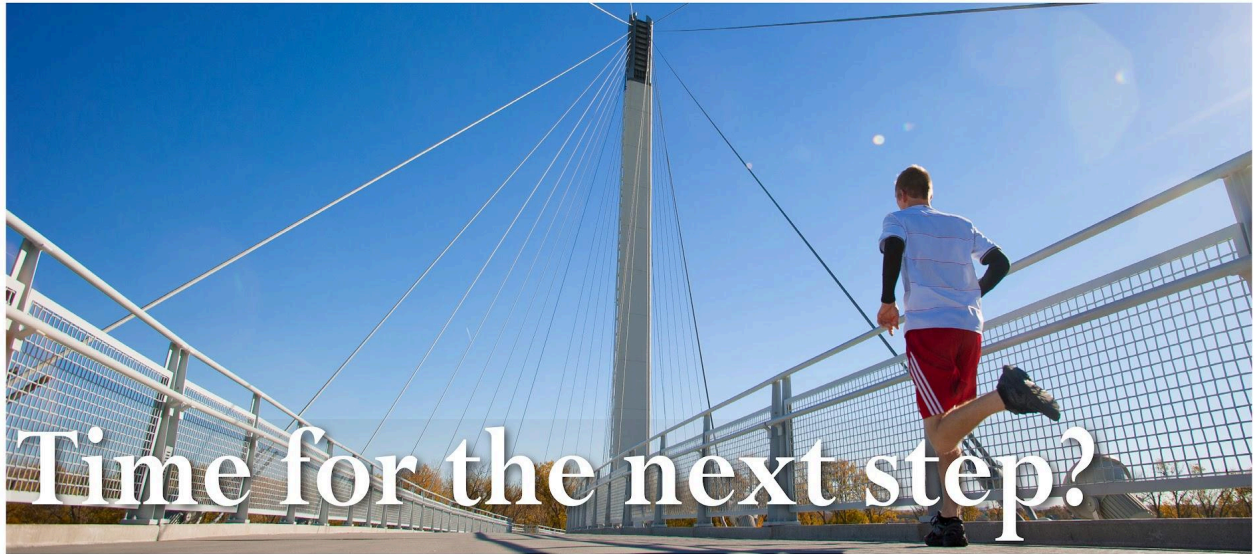
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Ambassador Real Estate



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**Residential Physician
 Relocation**



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- Constant communication
- Knowledgeable local expert

Sellers

- Professional photography & Staging
- Online website distribution on over 10 websites
- Print & online marketing

Kirstin Brown is a full time Realtor that will be with you every step of the way!

As a medical family moving to the area, it was important for us to have a Realtor who can make the transition a smooth one as relocating can be overwhelming and daunting (especially with kids). Kirstin really made the whole home buying process easy and trouble-free and had excellent communication (via text, email, phone) the entire time. She really went above and beyond and you are kind, courteous, and professional. She also provided excellent and honest suggestions and feedback. Kirstin also did a fantastic job at negotiating for the purchasing process. Just knowing that you are very knowledgeable about Omaha in general is greatly appreciated because we knew NOTHING before moving here. – Natalie Cannatella



Kirstin Brown

REALTOR®



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